

# Extended Hours Menu

Offered Daily 2pm >>> 4pm

100% organic • gluten-free • soy-free • seed-oil-free • made fresh daily

## Smoothies + Bowls

*bowls topped with house-made granola, banana, seasonal fruit, + honey  
(Acai bowl topped with almond butter rather than honey)*

	SMOOTHIE	BOWL
<b>Mango Love</b> mango, banana, coconut milk, lucuma powder, honey	<b>\$14.25</b>	<b>\$17.75</b>
<b>Berry Love</b> banana, strawberry, blueberry, chia seeds, coconut butter, honey, hibiscus+elderberry tea, coconut milk	<b>\$14.25</b>	<b>\$17.75</b>
<b>Acai Love</b> acai, banana, strawberry, blueberry, date paste, cashew milk, vanilla extract, salt	<b>\$14</b>	<b>\$17.50</b>
<b>30A Love</b> banana, mango, pineapple, blue magik, lime, honey, coconut milk	<b>\$14.50</b>	<b>\$17.50</b>
<b>Strawberry Banana Love</b> banana, strawberry, honey, coconut milk	<b>\$13.50</b>	

## Made to Order

<b>Egg Sandwich (World's Best!)</b> butter, raw cheddar, pesto, roasted tomato, over easy egg, arugula on GF sourdough <i>add a second egg +\$2</i>	<b>\$14.75</b>
<b>Chicken Salad Toast</b> healthy slaw, chicken salad, side of dressed greens on GF sourdough	<b>\$18.25</b>
<b>Granola Bowl</b> granola, cashew milk, peanut butter, seasonal fruit, banana, hemp hearts	<b>\$13.25</b>

## From the Barista

*all coffee is 100% organic*

<b>Cold Brew</b> 16oz	<b>\$6.50</b>
<b>Cold Brew Latte</b> cold brew + ice + cashew milk	<b>\$6.50</b>
<b>Matcha Latte</b>	<b>12oz \$7.25 • 16oz \$7.75</b>

## From the Case

*Grab + Go Favorites*

Cold-Pressed Juices • Wellness Shots • Salads + Sides • Protein Balls + Power Brownies  
*availability varies daily - see the case for today's selections*

*real. organic. love.*

Seagrove Beach, 30A • @premacafe30a



EXCITING NEWS

---

# We're Staying Open Later!

NEW HOURS

**7:30am – 4pm**

DAILY

*For the first time since 2020,  
we're extending our hours to love you a little longer.*

STARTING

**Sunday, March 22**

***real. organic. love.***

Seagrove Beach, 30A • @premacafe30a